

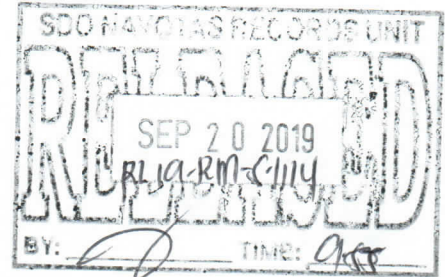
Republic of the Philippines  
Department of Education  
National Capital Region  
**SCHOOLS DIVISION OFFICE OF NAVOTAS CITY**  
Bagumbayan Elementary School Compound  
M. Naval St., Sipac-Almacen, Navotas City  
Email add.: [navotas.city@deped.gov.ph](mailto:navotas.city@deped.gov.ph)  
Tel. No. 351-57-97, 332-77-64



September 18, 2019

To: **MA OLIVA C. CALIMAG**  
Guidance Counselor

**RHEA C. SANTOS**  
Guidance Teacher

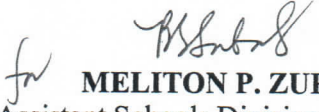


Thru: The Principals

Conformably to the letter dated September 12, 2019 from Wilfredo E. Cabral, Director III, Officer-In-Charge, Office of the Regional Director re: **"Echo Training on Universal Prevention Curricula on Substance Use (UPC 2)"**, this office authorizes your attendance to the above-mentioned activity on October 15-18, 2019, venue to be announced at a later date.

The travel expenses shall be charged against the School MOOE funds subject to the usual accounting and auditing procedures.

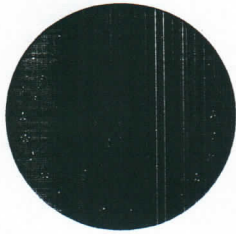
For information and guidance.

  
**MELITON P. ZURBANO** ✓  
Assistant Schools Division Superintendent  
OIC-Office of the Schools Division Superintendent

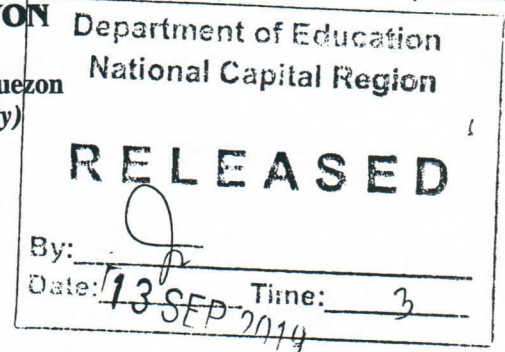
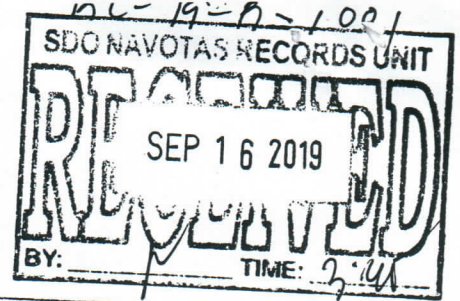


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**Republika ng Pilipinas**  
*(Republic of the Philippines)*  
**KAGAWARAN NG EDUKASYON**  
*(DEPARTMENT OF EDUCATION)*  
**PAMBANSANG PUNONG REHIYON**  
*(NATIONAL CAPITAL REGION)*  
Daang Misamis, Bago Bantay, Lungsod Quezon  
*(Misamis St., Bago Bantay, Quezon City)*



MEMORANDUM:

**TO : Schools Division Superintendents**

**FROM : WILFREDO E. CABRAL**  
Director III  
Officer-in-Charge  
Office of the Regional Director

**SUBJECT : CONFIRMATION OF PARTICIPANTS TO THE ECHO TRAINING ON  
UNIVERSAL PREVENTION CURRICULA ON SUBSTANCE USE  
(UPC 2)**

**DATE : September 12, 2019**

1. This is in reference to the **Echo Training on Universal Prevention Curricula on Substance Use: Physiology and Pharmacology for Prevention Specialists (UPC2)** on October 15 to 18, 2019, venue to be announced at a later date.
2. Participants to this training are **NDEP Coordinators, Health Personnel, and Guidance Counselors who completed UPC1 : Introduction to Prevention Science**. Attached is the list of participants.
3. Deadline for confirmation of participants is on **September 20, 2019** through **telefax. no. 9201490 loc. 848** or via email at **shnu\_depndncr@yahoo.com**.
4. Wide and immediate dissemination is desired.

/shnu-essd/mlp/2019-1



**Training On Universal Prevention Curricula2 (UPC) On Substance Use**

Tentative date : October 15-18, 2018

Venue: TBA

**LIST OF PARTICIPANTS for CONFIRMATION**

| DIVISION         | NAME                                    | DESIGNATION               |
|------------------|---|---------------------------|
| Caloocan City    | Zyra Camille R. Dela Cruz, RN           | Nurse II                  |
|                  | Alexander Bernardo                      | Guidance Counselor        |
|                  | Lilina Candelaria                       | Guidance Counselor        |
|                  | Maria Felicitas Joy Garcia              | Guidance Counselor        |
|                  | Ida R. Zabala                           | Guidance Counselor        |
|                  | Maria Natividad S. Cabrera              | Guidance Counselor        |
|                  | Fe Estalila                             | Guidance Counselor        |
|                  | Ma. Joy Geronimo, RN                    | NIC                       |
|                  | Joel G. Rabara, R.N.                    | Nurse II                  |
|                  | Evangelyn Ariza, R.N.                   | Nurse II                  |
| Las Piñas City   | Levie Rizza P. Eusebio, RN              | NIC                       |
|                  | Ronaldo D. Dela Cruz, DMD               | Dentist II                |
|                  | Xyra Marie M. Bronia, RN                | Nurse II                  |
|                  | Leny Fe T. Insigne, RN                  | Nurse II                  |
|                  | Joan Espanto, RN                        | TWG                       |
|                  | Mrs. Noemi De Veyra                     | Guidance Counselor        |
| Makati City      | Lonida P. Lumacad, RN                   | Nurse II                  |
|                  | Lea A. Torio, RN                        | NIC                       |
|                  | Chonalyn A. Incillo                     | Guidance Counselor        |
|                  | Regina Saraza                           | Guidance Counselor        |
|                  | Erlinda B. Bobiles                      | Guidance Counselor        |
| Malabon City     | Dr. Cynthia P. Farma                    | Division NDEP Coordinator |
|                  | Arlene Ramos, RN                        | NIC                       |
|                  | Maria Carmela Nieves Leonila S. Sequito | Guidance Teacher          |
|                  | Mary Grace M. Romero                    | Guidance Teacher          |
|                  | Jennifer D. Adriano                     | Guidance Teacher          |
| Mandaluyong City | Jecris R. Garol                         | Division NDEP Coord.      |
|                  | Eduard H. Mesina, Jr.                   | Guidance Counselor        |
|                  | Guadosa V. Macospag                     | Guidance Counselor        |
|                  | Honeylet M. Cativo                      | Guidance Counselor        |
|                  | Janet Soriano, RN                       | PHN                       |
|                  | Maria Belen Q. Unisa, RN                | PHN                       |
|                  | Arlene Cagalawan, R.N.                  | PHN                       |
| Manila           | Elizabeth G. Nuñez                      | EPS II                    |
|                  | Marita K. Bayani, RN                    | NIC                       |
|                  | Lucita A. Gener                         | EPS                       |
|                  | Reynaldo Gonzales                       | Guidance Teacher          |
|                  | Liza De Dios                            | Guidance Counselor III    |

| DIVISION        | NAME                           | DESIGNATION                 |
|-----------------|--------------------------------|-----------------------------|
|                 | Marta Brillantes               | Guidance Counselor III      |
|                 | Myrna V. Besa                  | Guidance Counselor III      |
|                 | Rosarita Silva                 | Guidance Counselor III      |
|                 | Teresa Lazo                    | Guidance Counselor III      |
| Marikina City   | Eunice Songcayauon             | Guidance Coordinator, HTVI  |
|                 | Mei Opaño                      | Guidance Coordinator, HTIII |
|                 | Ma. Filipinas Toledana         | Guidance Coordinator, HTIII |
|                 | Junilord Tormes                | Nurse                       |
|                 | Jimerson Taboy                 | Nurse                       |
| Muntinlupa City | Ma. Teresa S. Indap, R.N.      | NIC                         |
|                 | Cynthia Marca                  | Guidance Counselor          |
|                 | Cecille Ponce                  | Guidance Counselor          |
|                 | Cecilia Teresa C. Claudel      | NDEP Coor                   |
|                 | Sue Ann Yago                   | Guidance Counselor          |
| Navotas City    | Mary Jane Mediola, R.N.        | Nurse II                    |
|                 | Harry B. Abalos, R.N.          | Nurse II                    |
|                 | Ma. Oliva C. Calimag           | Guidance Counselor          |
|                 | Rhea C. Santos                 | Guidance Counselor          |
| Parañaque City  | Orlando Rojas, Jr., R.N.       | Nurse II                    |
|                 | Rosalyn C. Tagud               | NDEP Coor                   |
|                 | Eleanor Buduan                 | Guidance Counselor          |
|                 | Loida Nacional                 | Guidance Counselor          |
|                 | Garry C. Guijarno              | Guidance Counselor          |
| Pasay City      | Recelle E. Reyes               | MO -TWG                     |
|                 | Janet Agati                    | OIC -Head                   |
|                 | Caroline G. Sarmieto           | NIC                         |
|                 | Randy Wilson C. Delfino        | Guidance Counselor          |
|                 | Marra Allysa Santiago          | Guidance Counselor          |
|                 | Marites Legaspi                | Guidance Counselor          |
| Pasig City      | Sarah Javer                    | EPS/Principal               |
|                 | Anna Lissa C. Manay            | Nurse II                    |
|                 | Irma Angkiangco                | Guidance Counselor          |
|                 | Rema Agustin                   | Guidance Counselor          |
|                 | Edwin Gamba                    | Guidance Counselor          |
| Quezon City     | Aurea M. Lopez, M.D.           | Medical Officer V           |
|                 | Maria Eloiza M. Largoza, M.D.  | Medical Officer III         |
|                 | Mario N. Maddela, M.D.         | Medical Officer III         |
|                 | Ernela-Celia P. Coronel, M.D.  | Medical Officer III         |
|                 | Elimar Lara, M.D.              | Medical Officer III         |
|                 | Jose S. Trinidad, Jr., M.D.    | Medical Officer III         |
|                 | Connie P. Gepanayao, M.D.      | Medical Officer III         |
|                 | Dante D. Nacpil, M.D.          | Medical Officer III         |
|                 | Maria Amparo Peralta, R.N.     | NDEP Coordinator            |
|                 | Ederlina Baleña                | EPS                         |
|                 | Narciso E. Costales, Jr., R.N. | Nurse III                   |



|                    |                                     |                    |
|--------------------|-------------------------------------|--------------------|
|                    | Ma. Christina Estoesta, R.N.        | Nurse III          |
|                    | Judy Kate C. Fonacier, R.N.         | Nurse II           |
|                    | Lorena Castillo                     | Guidance Counselor |
|                    | Cleopatra Daisy Aguinaldo           | Guidance Counselor |
|                    | Elenita Bagongon                    | Guidance Counselor |
|                    | Mario Teneza                        | Guidance Counselor |
|                    | Karla Portia Decangchon             | Guidance Counselor |
|                    | Isabelita I. Ceraon                 | Guidance Counselor |
|                    | Darryl Correa                       | Guidance Counselor |
| San Juan City      | Michelle Cielito Abraham            | NIC                |
|                    | Via May Popes                       | Nurse II           |
|                    | Maria Rosemary Annie Mate           | Guidance Counselor |
| Taguig and Pateros | Jeanette B. Urbana, R.N.            | NIC                |
|                    | Elmer Corsino, R.N.                 | Nurse II           |
|                    | Frisa L. Navarro                    | Guidance Counselor |
|                    | Melanie Dungan                      | Guidance Counselor |
|                    | Maridel Rafael                      | Guidance Counselor |
|                    | Liberty H. Bernardo                 | Guidance Counselor |
| Valenzuela City    | Adelaine P. Javate, DMD             | Dentist            |
|                    | Basilio I. Cabasug, R.N.            | Nurse II           |
|                    | Rhett Ryan Catada                   | Guidance Counselor |
|                    | Ponciano Delos Santos               | Guidance Counselor |
|                    | Milagros Dideles                    | Guidance Counselor |
|                    | Ysa Marie Prodon                    | Guidance Counselor |
|                    | Elias Santos                        | Guidance Counselor |
|                    | Alma C. Vergara, R.N.               | Nurse II           |
|                    | Micah Dianne Margret Padrinao, R.N. | Nurse II           |
|                    | Glessie Caballo, R.N.               | Nurse II           |
|                    | Jennifer E. Dadula, R.N., MAN       | Nurse II           |

Note : The above named participants have completed UPC1 , a prerequisite to UPC 2